



\*Sandi Bingham

## Milk Snakes (*Lampropeltis triangulum*) (*Lampropeltis elapsoides*) and (*Lampropeltis polyzona* ssp.)

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### Harmless, Tri-Colored Mimics

Milksnakes are medium sized to large North American colubrid snakes that commonly derive their name from the erroneous belief that they drink milk from cows when they actually inhabit barns and other outbuildings for refuge and for hunting rodents. Milk snakes are variable in color depending on species; many are tricolored with red, black, and white (or yellow) bands that oftentimes resembles the venomous coral snake. Other species have reddish brown blotches bordered in black on a cream to light brown colored background and a black & white checkered belly. When threatened, milk snakes may employ a variety of defensive behaviors including rapidly vibrating their tails, coiling and striking, or displaying their bright, aposematic coloration as a potential warning to predators while using spastic or irregular movements to further startle or confuse the threat. Some may also hide their heads while displaying their colors as well. Many species of milk snakes, particularly the tri-colored species, have long been staples in the pet trade, and are hardy, prolific, and beautiful snakes with basic and undemanding care requirements that are sure to catch nearly anyone's attention.

### Taxonomy

**Life:** All living, physical, and animate entities

**Domain:** Eukaryota

**Kingdom:** Animalia

**Phylum/Sub Phylum:** Chordata/Vertebrata

**Class:** Reptilia

**Order:** Squamata

**Suborder:** Serpentes

**Infraorder:** Alethinophidia

**Family:** Colubridae

**Subfamily:** Colubrinae

**Genus:** *Lampropeltis*

**Species:** *Lampropeltis triangulum*\*, *Lampropeltis elapsoides*\*, and *Lampropeltis polyzona*\*

**Subspecies:** *Lampropeltis polyzona* ssp.

\*Taxonomy subject to change and revision.

### Lifespan and Longevity

If provided the proper care, milk snakes can attain longevity of 15 to 25 years or more in captivity.

## **Distribution and Habitat**

Depending on the species, milk snakes range over much of the United States, southern Canada, northern Mexico and Central America. A more detailed breakdown of the ranges of the most popular species are as follows:

Eastern Milksnake (*Lampropeltis triangulum*): Much of southern to southeastern Canada, through the Midwestern, eastern, and northeastern United States.

Red Milksnake (*Lampropeltis triangulum*, formerly *syssila*): North-central, to central, and south-central U.S.

Pueblan Milksnake (*Lampropeltis polyzona campbelli*): Southern Puebla, eastern Morelos, and northern Oaxaca.

Mexican Milksnake (*Lampropeltis polyzona annulata*): Northeastern Mexico in the Coahuila, Tamaulipas, and Nuevo Leon, as far north as southwestern Texas in the U.S.

Nelson's Milksnake (*Lampropeltis polyzona nelsoni*): Mexico from southern Guanajuato, and central Jalisco, to the Pacific Coast of Mexico.

Black Milksnake (*Lampropeltis polyzona gaigeae*): Costa Rica and Panama in Central America.

Honduran Milksnake (*Lampropeltis polyzona hondurensis*): Honduras, Nicaragua, and Northeastern Costa Rica.

Sinaloan Milksnake (*Lampropeltis polyzona sinaloae*): States of Sonora, Sinaloa and Chihuahua in Mexico.

Depending on their geographic location, milk snakes can be found a variety of habitats including arid to semi-arid deserts and scrubland, grasslands, prairies, fields & meadows, agricultural and residential areas, deciduous forests and woodlands, swamplands, marshes, and margins of wetlands.

## **Conservation Status**

IUCN Red List Least Concern (LC).

## **Legal and Regulatory Status(\*Subject to Change)**

Consult with your local, municipal, and state ordinances and regulations for any ownership restrictions.

## **Experience Level Required**

Novice/Beginner.

## **Size**

Milk snakes range from 5 to 10 inches as hatchlings, and 2 to 5 feet, or 24 to 54 inches as most adults. Some species and localities can reach up to 6 feet, or 72 inches.

## **Housing and Enclosure**

Housing must be sealed, secure, and escape proof. Hatchling milk snakes can be housed in a 10 gallon terrarium or enclosure. Adult milk snakes should be housed in a minimum of a 20 to 40 gallon long terrarium or enclosure. Milk snakes are primarily terrestrial, and floor space is more important than height. Provide a substrate that can enable burrowing or hiding such as cage carpet or cage liner, fine aspen shavings, cypress mulch, or coconut fibers. Do not use pine or cedar shavings, as these substrates are toxic to snakes. Provide additional basking and hiding opportunities using live or artificial foliage, rocks, logs, driftwood, or other hides. Also be sure to include a sturdy water bowl or dish as well.

## **Temperature, Lighting, and Humidity**

Create a thermal gradient (or a warm side) in the cage/enclosure with an appropriate sized UTH

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(or tank heating pad), ceramic or radiant heat emitter, or incandescent, UVA/UVB, or other heat producing bulb. Ideal temperatures for milk snakes range from 75 to 80 degrees F on the cool side and 80 to 88 degrees F on the warm side. Most species of snakes have fairly simple and undemanding heating and lighting requirements in captivity, and do not require additional UVA/UVB lighting, although providing it can be greatly beneficial for their health, immune system, and overall wellness. Also be sure to spot clean the enclosure for urates, feces, or uneaten food at least once per week. Be sure to periodically replace the substrate, clean, and disinfect the enclosure and its furnishings at minimum every 2 to 3 months. More specific lighting, heating, and humidity product suggestions and recommendations that can best suit one's needs, as well as those of one's animals can be given as well.

### **Feeding, Diet, and Nutrition**

***Carnivorous***; In the wild, milk snakes are carnivorous, and will prey upon rodents and other small mammals, small birds, bird eggs, and other smaller vertebrates. Hatchlings and juveniles will also occasionally eat smaller frogs, lizards, or other reptiles. Milk snakes also sometimes known for overpowering and consuming other snakes species that share their ranges, including venomous species. In captivity, milk snakes can be given feeder rodents of appropriate size, such as rats or mice. In most circumstances, it is recommended to provide humanely pre-killed rodents acquired from a reputable source, as offering live rodents to any snake can carry risk of serious injury or even death to your snake when the rodent bites to defend itself or otherwise gnaws on your animal. A general rule of thumb when selecting feeder rodent sizes for your snake is to provide prey items that are approximately the same width as the snake's widest point. It should also be noted that many snakes may refuse food for longer periods of time over several weeks or months, especially in the fall and winter months or if several other husbandry conditions are not being met. While this can be alarming to new pet owners, it is oftentimes normal, but their overall health and weight should be monitored during these times to make sure they do not lose weight or otherwise deteriorate. Most snakes typically are fed whole prey items, and do not usually require additional calcium or vitamin D3 supplementation unless otherwise directed. Their feeding frequency will also depend on the age, size, and overall health of your animal. Use care as to not overfeed them, as obesity and other health related issues can become an issue. More specific dietary and supplementary product suggestions and recommendations that can best suit one's needs, as well as those of one's animals can be given as well.

### **Handling**

As with many snakes, hatchling and juvenile milk snakes may initially be nervous and defensive. They may rattle their tails, musk or defecate, or bite when alarmed. Handle your milk snake gently and deliberately, but do not drop or injure the animal. Many milk snakes will become more tolerant and accustomed to handling as they become older, but may still be active and flighty species.

**\*\*Also be sure to practice basic cleanliness and hygiene associated with proper husbandry after touching or handling any animals or animal enclosures to prevent the possibility of contracting salmonellosis or any other zoonotic pathogens\*\***

### **Contact**

Authored by Eric Roscoe. For any additional questions, comments, and/or concerns regarding this animal, group of animals, or this care sheet, please email and contact the Madison Area Herpetological Society at [info@madisonherps.org](mailto:info@madisonherps.org)

*Disclaimer: Note that the information provided in these, or any care sheets, are not intended to be all-exhaustive, and further research and care should always be sought and provided when it comes to any species one may prospectively be interested in. These care sheets are also not intended to serve as substitutes for professional veterinary medical care and husbandry should any animal require it.*

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